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ACTIVITY PACK

Dear Parents and Guardians,

We've created an activity pack to celebrate the Olympic Games theme day!

Here is what your children will need to complete the activities:

1. The activity sheets will need to be printed.
2. Colouring in pencils or pens.
3. Scissors - please ask an adult to assist you, if need be.
4. Glitter or stickers - anything you'd like to use to add as decorations.
5. Your imagination!
6. Please share your creations with us on social media using the handle shown below. we'd love to see your creations!



@HCLCatering

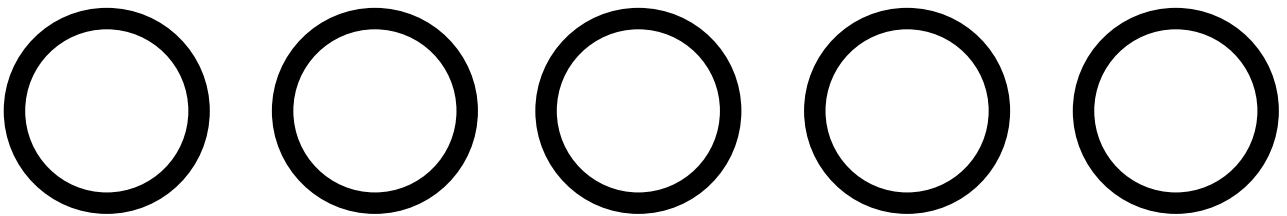
 www.hcl.co.uk



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The Olympic Games is taking place in Paris, France this year from 26th of July - 22th of August, and is typically called “Paris 2024”. Did you know that Tahiti will also be playing host to the games this year? This is because Tahiti is an island within the French overseas country and overseas collectivity of French Polynesia.

What are the 5 colours of the Olympic Rings?



Do you know why these colours were chosen and what the symbolism of the intertwined rings represent?



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Draw your favourite sporting hero who has or will be participating in the Olympics.

A large, empty rectangular box with a thin black border, intended for a drawing of a sporting hero.



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Write down or draw your favourite Olympic sports here and explain why these are your favourite sports.

A large, empty rectangular box with a black border, intended for students to write or draw their answers.



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We know that eating a healthy, nutritious meal helps you stay fuller for longer, gives you energy to stay alert and active and provides your body with the important nutrients and vitamins you need to grow strong!

What meals do you think athletes participating in the Olympic Games will eat to maintain their strength and endurance during the games?

Draw a meal fit for an athlete here: